

# Colonoscopy

## Preparation with Suprep Bowel Prep

You are scheduled to have a colonoscopy. It is essential that your large intestine be free of stool. Please read the instructions below carefully. If your colon is not clean we may not be able to completely evaluate you and may need to cancel or re-do the colonoscopy.

**Fill the prescription at your Pharmacy:** Suprep Bowel Prep Kit

**The day before your colonoscopy:** You must remain on a clear liquid diet the entire day before the procedure.



Water



Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry



Limeade or lemonade



Coffee or tea. **DO NOT** use any dairy or non-dairy creamer



Chicken broth



Gelatin desserts without added fruit or toppings (NO RED OR PURPLE)

### When to take SUPREP BOWEL PREP KIT

SUPREP Bowel Prep Kit is taken as a split dose (2-day) regimen. You take the first 6-ounce bottle of SUPREP the evening before your colonoscopy and the second 6-ounce bottle of SUPREP the morning of your colo-

noscopy. It is important to drink the additional water as recommended in the Instructions for Use. Both 6-ounce bottles are required for a complete prep. Your doctor will tell you when it is time to begin to take each dose.

### How to take SUPREP BOWEL PREP KIT

- On the evening before your procedure (or when your doctor tells you to begin), complete steps 1 through 4 using one (1) 6-ounce bottle before going to bed
- On the morning of your procedure, repeat steps 1 through 4 using the other
- 6-ounce bottle

### Both 6-ounce bottles are required for a complete preparation.

It is important to follow all the steps below completely



Pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing container.



Add cool drinking water to the 16-ounce line on the container and mix.

NOTE: Be sure to dilute SUPREP as shown at left before you drink it.



Drink ALL the liquid in the container.



You must drink two (2) more 16-ounce containers of water over the next 1 hour.

NOTE: You must finish drinking the final glass of water at least 2 hours, or as directed, before your procedure.